

# Write from the Heart

*"We get a deeper experience in this class. We're not just saying 'Oh, cancer was painful.' We can paint a picture of that experience, and it's amazingly freeing. Thank you, Melissa, and the Ann B. Barshinger Cancer Institute—this class helped me find my voice, and the voice I hear says courage."*

## WORKING TOGETHER

### WRITE FROM THE HEART

*And the Lancaster General Health/Penn Medicine Ann B. Barshinger Cancer Institute*

#### WORDS THAT HEAL...

One writer. One Hospital. And one deeply felt purpose: to soften the edges of the recovery process for cancer patients and their caregivers through the art of writing. As we head into 2016, Write From The Heart Creative Writing Workshops begins its second year of collaboration with the Lancaster General Health/Penn Medicine Ann B. Barshinger Cancer Institute, to provide creative writing workshops that bring comfort, hope, and healing to the Lancaster community.

Led by published writer and teacher, Melissa Greene, these gentle, be-who-you-are classes are a means to tell passionate stories, and inspire and uplift the human spirit. Through compassion, humor and warmth, Melissa fosters trust. Her work enlivens and soothes, guiding us to relax, reflect, and find the words we need. Workshops are a safe haven: no grades, grammar, or competition. No punctuation, spelling, or red pen. Sharing is optional. Mischief, a must!

Workshops are free and open to cancer patients, past or present, in treatment at the Ann B. Barshinger Cancer Institute, or elsewhere. Also to caregivers, past and present.

*Registration required. Please call the Ann B. Barshinger Cancer Institute for dates and registration at 717.544.4636.*

- Center for Breast Health - 2104
- Gamma Knife Center
- Radiation Oncology Center
- Suburban Outpatient Pavilion - 2100